

The Gold Digger

Martin Luther King . . . Born as Michael King Jr., Martin Luther King Jr. was born in Atlanta, Georgia on January 15, 1929. He attended Boston University, Morehouse College, and Crozer Theological Seminary. King was a civil rights activist and a minister. He was the middle child of his family. Martin had an older sister, Christine King Farris and a younger brother, Alfred Daniel Williams King. On August 28, 1963, Martin Luther King Jr. gave the "I Have a Dream" speech to a mass of people. King was attempting to end racial discrimination. At the time, black people weren't treated equally. They weren't getting the same freedom and the same rights white people had. King's speech took place around the Lincoln Memorial in Washington D.C. The march in Washington brought people together to press the U.S. government for equality. The culmination of this event was the most influential speech of Dr. King's career. Martin Luther King Jr. was famous for using nonviolent resistance to overcome injustice. King did everything possible to make people realize everyone was equally created. King claimed "This note was a promise that all men, yes, black men as well as white men, would be guaranteed the unalienable rights of life, liberty, and the pursuit of happiness." King wanted everyone to come together as a nation to make the government treat everyone equally. Some rejected King's beliefs and some agreed. Martin Luther King Jr. was just 39 years of age when he was terribly shot right on the balcony outside his second-story room at the Lorraine Motel in Memphis, Tennessee. King was assassinated on April 4, 1968. He was laid to rest in Atlanta, Georgia. To honor Dr. King, his birthday (January 15, 1929) became a holiday in the United States.

~ Ashley





Peyton Santo wants to go to Italy, Ireland, and Rome. She also wants to run a full marathon.



Daniel Coos wants to live in a foreign country.



Arfonas Clerk wants to play football at a Division I college.



Lacey Hicks wants to play softball in the Olympics.

Bucket List

A bucket list is a list of things you want to do before you die.

~Keely

Lent

Lent is a religious event that typically lasts for forty days, as a commemoration the forty days Jesus spent in the desert and endured temptation from the devil. During this period of time before Easter, we are encouraged to give up one thing during those forty days, or we could try something new, whether it be a type of food or electronic device. This is done as a way of resisting temptation, just as Jesus had done in the desert. Many Christians participate in this, many of them even here in our own high school. I asked a couple of students about what they would do for Lent, and this is what they had to say:

~Darcia Avalos



"I've decided to give up chips and soda because I like to snack on chips and soda often."

-Milagros Andrade



"I once tried to give up McDonald's for Lent, but didn't last the whole forty days, so I would probably try that again."

-Liliana Macedo

Penny Pincher

How would it feel to have saved up money throughout the whole year without even realizing it? Pretty great right? Well, the 52-week money challenge makes doing this simple. First, all you have to do is deposit \$1 into your savings account on week one of this year, followed by \$2 on week two, \$3 on week three, etc... until you reach week fifty-two where you make your last deposit of \$52. With doing this, you save almost \$1,400. There are other money saving challenges with a variety of different money saving techniques. Some of these challenges can help you save up to even \$5,000. It's a good way to keep track of your money and help decrease unnecessary spending.

52 Week Money Saving Challenge

WEEK	Deposit Amt	Acct Balance	Week	Deposit Amt	Acct Balance
1	\$1.00	\$1.00	37	\$37.00	\$378.00
2	\$2.00	\$3.00	38	\$38.00	\$406.00
3	\$3.00	\$6.00	39	\$39.00	\$445.00
4	\$4.00	\$10.00	40	\$40.00	\$485.00
5	\$5.00	\$15.00	41	\$41.00	\$526.00
6	\$6.00	\$21.00	42	\$42.00	\$568.00
7	\$7.00	\$28.00	43	\$43.00	\$611.00
8	\$8.00	\$36.00	44	\$44.00	\$655.00
9	\$9.00	\$45.00	45	\$45.00	\$700.00
10	\$10.00	\$55.00	46	\$46.00	\$746.00
11	\$11.00	\$66.00	47	\$47.00	\$793.00
12	\$12.00	\$78.00	48	\$48.00	\$841.00
13	\$13.00	\$91.00	49	\$49.00	\$890.00
14	\$14.00	\$105.00	50	\$50.00	\$940.00
15	\$15.00	\$120.00	51	\$51.00	\$991.00
16	\$16.00	\$136.00	52	\$52.00	\$1043.00
17	\$17.00	\$153.00	48	\$48.00	\$946.00
18	\$18.00	\$171.00	49	\$49.00	\$990.00
19	\$19.00	\$190.00	45	\$45.00	\$895.00
20	\$20.00	\$210.00	46	\$46.00	\$901.00
21	\$21.00	\$231.00	47	\$47.00	\$938.00
22	\$22.00	\$253.00	48	\$48.00	\$976.00
23	\$23.00	\$276.00	49	\$49.00	\$1015.00
24	\$24.00	\$300.00	50	\$50.00	\$1055.00
25	\$25.00	\$325.00	51	\$51.00	\$1096.00
26	\$26.00	\$351.00	52	\$52.00	\$1138.00

Happy New Year!

New Year is the time at which a new calendar year begins and the calendar's year count increases by one. Many traditions begin with the new calendar year:

1. What's your "One Word" for the year?
2. What's your New Year Resolution?
3. What are your "Goals" for the new year?
4. Did you make a "Work Out Plan" for the new year?
5. What "traditions" do you and your family have for bringing in the new year?
6. What "Moments of 2016" defined you the most?
7. Do you participate in the traditional New Year's Meal of black-eyed peas, greens, pork, and corn bread?



What is your One Word for 2017? I interviewed a sophomore at FMHS named Kamron Simmons to find out what his One Word for the New Year would be. The word he chose is "Improvement." He is on the Varsity football and track team. He hopes to improve in these sports while also improving in his school work to maintain a high GPA.

-Peyton Smith



Goals for 2017 For a lot of people, a New Year means a time to reassess their life, consider goals and make plans for the year ahead. A goal is when one identifies something that they want to accomplish and establish in a measurable time frame. Ms. Kim White, a guidance counselor here at our school, said her goal for 2017 is to be the best she can be at whatever task she takes on.

-Emily Webb



What is your New Year Resolution? Shirley McDuffie is a student at FMMSHS and her New Year Resolution is to keep thriving in school and to be successful in life. She hopes everything turns out as planned.

-Lily Macedo



New Year Traditions Many people in the world have New Year traditions they love to do it each, and every year. Ms Robin Hunter loves to prepare herself feeling brand new and to just enjoy a good time to bringing in the New Year.

-Alex Mitchell

What moments defined you the most in 2016?



A defining moment shapes who we are and notes an impression on us.

I interviewed Ms. Derek. Her most defining moments in 2016 were: Receiving a letter and quilt from a dear friend in Louisiana who is terminally ill with cancer; Her parents celebrating 65 years of marriage; Her grandson, Colton, graduating from Pre-K and going to the State Playoffs in T-Ball; Spending time with her father who is in hospice care, doing things with him such as laundry, short car rides, gathering fresh flowers from her mother's garden, and serving as his caregiver; Ms. Derek was born in 1958 so she turned 58 in 2016; Her granddaughter, Caitlyn, received the Presidential Award for Academics and attending her wedding; Breaking her foot twice; and Friday night sleepovers with her grandkids.

~Esmaralda

New Years Eve Traditions Around the World

There are many varieties of New Year's Eve traditions around the world. Everyone has a way of looking forward to the upcoming year. In Argentina, at exactly 12 AM, it is common to step forward with your right foot. They do this to show how they are "stepping" into the New Year. In Brazil, the New Year's Eve routine is to jump seven ocean waves for good luck. This symbolizes good luck for each day of the week. Also, in Turkey, it is common to get pomegranates and throw them off of a balcony onto the street. The more that burst, the more plentiful your year is supposed to be. In Germany, they drop molten lead into cold water to see what shape it makes. Whatever shape it forms predicts a different aspect of life. Participating in different New Year's Eve traditions can be a great way to welcome the new year.

~Shannon

Defining Moments of 2016



-Trump Wins to become the 45th President



-Pokémon Go named top game of 2016



-Summer Olympics In Brazil



-Cubs Win World Series Championship to end 108 year wait.



-Night Club Massacre in Orlando

~Amelia

Work Out Plan

Hannah Smith eats 3 meals a day. To start her day, she eats an egg for breakfast, and for lunch and dinner she eats vegetables and a small piece of meat, and she only drinks water. On Monday and Tuesday, she works on her triceps and her arms. On Wednesday, she works her legs and she also does cardio. And on Friday, she mainly runs. Hannah's message to people about working out is to "Never quit and whenever you feel like you want to stop, keep going."

~Courdeja Clark

New Year New Me Fails

Some people set out goals for the New Year to help them reach their New Year resolution. Although they set them, they do not necessarily achieve them. These are called "New Year New Me Fails." Noelia Velazquez said that her "New Year New Me Fail" was that she set out to exercise more and she didn't keep consistent with it. Eventually she just stopped working out and her New Year resolution wasn't met.

~Peyton Music



Where's your Focus?

People should focus on their lives and think about what they want on their future and what they want to do when they get older. Decide what right things they want to do and what's better for their lives. People should focus on being happy. Peyton Music said that she should focus on her life because at the end of the day, she's only accountable for her future and where she wants to go.

~Noelia Velazquez



Traditional Meal on New Year's Day

The traditional meal for New Year's Day consists of black-eyed peas, pork, greens, and cornbread. These foods have specific meaning to most people especially those raised in the South: Black-eyed peas are a sign of humility and will bring you wealth; Pork will bring you luck; Greens are to bring you good luck and keep you healthy; Cornbread is to bring you wealth.

~Chryseno